

INSIDER

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Supporting Infant and Pregnancy Loss in October



October Pregnancy and Infant Loss Awareness Month serves as an important opportunity to acknowledge and support those who have experienced the loss of a pregnancy or an infant. This is a deeply emotional and often stigmatized topic, and raising awareness about it can help

break down barriers and provide comfort to grieving parents. For more on ways to support these efforts this month check out this short article with ideas <u>HERE</u>.

Consider Your Digital Legacy

In an increasingly digital world, our online presence and digital belongings have become an integral part of our lives, and they hold both practical and sentimental value. Just as you would plan your physical estate, it's essential to plan your digital estate. This includes making a list of your digital assets such as email accounts, social media profiles, cloud storage, online subscriptions, and financial accounts. Discuss your digital legacy plans with your loved ones so they are aware of your wishes and know how to access your digital assets. Encourage them to make their own digital estate plans. To read more about this click HERE.



NFDA Announces Partnership with Endwell

In the ever-changing landscape of funeral services, it has become clear that individuals and families are looking to better align their values in life with how they end. Endwell is a nonprofit on a mission to transform how the world thinks about, talks about, and plans for the end of life. Endwell was founded in 2017 by Dr. Shoshana Ungerleider based on her conviction that dying isn't a medical issue, it's a human issue. Since then, they have become the most widely known and respected organization at the intersection of popular culture and healthcare with a focus on end-of-life, grief, loss, caregiving, and associated health and welfare challenges.

NFDA has begun to engage with this growing organization and is proud to be a Community Partner for their 2023 Endwell Symposium. You can take part and receive a discounted ticket as an NFDA member, check out the lineup HERE. For more on the emerging partnership between NFDA and Endwell read the FULL ARTICLE.



Questions or ideas? Email us at: Admin@IAFDA.org

OSHA SESSIONS

Select the session you would like to attend and click the link to register.

The cost is \$25 per person and can be paid by check or with a credit card.

*See link below registration links for cc payments

Session ONE October 26, 3pm CST Click HERE

Session TWO October 27, 2pm CST Click HERE

Session THREE October 30, 6pm CST Click HERE

> Mail to: IFDA 6909 Vista Drive WDM, IA 50266 or Stripe Credit Card Payment HERE.

District 2 Meeting

October 25, 2023
Stewart Baxter Funeral
Home
715 10th Ave
Mount Vernon, IA
52314
5PM – Social 6PM

District 3 Meeting

Program

November 8, 2023 Café Dodici 122 S Iowa Avenue Washington, IA 52323 5PM – Social 6PM Program